Menu

Week 6/03 tot 10/03

New Food Model

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRYDAY
Souperb! - The 2nd best after your Grandma VEGAN	Witloofsoep* 21 kcal 89 kJ *Celery*	Rammenassoep* 27 kcal 114 kJ *Celery*	Visbouillon met xeresazijn 27 kcal 117 kJ *Selderij, Gluten, (tarwe), Vis, Soja, Sulfieten*	Snijbietsoep 55 kcal 225 kJ *Celery*	Knolseldersoep* 30 kcal 126 kJ *Celery*
Your favorite Plant-based Dish	Stoofvlees (vegan),tuinkers,Rostie VEGGIE 616 kcal 2585kj Selder,soja	Roulade met aubergine VEGGIE 658kcal 2748kj *Selderij,melk*	Pad prik king(vegetarisch gehakt,curry pasta,sperzieboon,rode paprika,ajuin)basmati rijst VEGGIE 549kcal 2291kj *Melk,mosterd,eieren*	Ovenschotel met groenten en polenta(quorn,selder,prei,tomaat, champignon) VEGGIE 426kcal 1784kj *Selderij, Gluten, (tarwe), Melk, Mosterd, Eier*	Gegrilde halloumi met snijbiet,ruccolahummus, tarwekorrels VEGAN 823kcal 3447kj *Selderij, Gluten, (tarwe), Melk, Mosterd, Eier*
Hot Dish - No nonsense...	Gestoomde pangasiusfilet ,botersaus van nantes,gestoofde pastinaak 506kcal 2113 kJ *Selderij, Gluten, (tarwe), Melk, Vis*	Gebakken gevogeltechipolata,parijse wortelen,aardappelpuree 588kcal 2456 kJ *Gluten, (tarwe), Melk*	Kipgyros,rijst,wokgroenten 638kcal 2685 kJ *Gluten, (haver), Sulfieten*	Hamburger,Bearnaisesaus ,frietjes,kropsla met vinaigrette 1218 kcal 5092 kJ *Selderij, Eieren, Soja*	Varkenscordon bleu,mosterdsaus,spruitjes met spekreepjes,aardappelen 823 kcal 3447ki *Selderij, Gluten, (tarwe), Melk, Mosterd, Eier*
Pasta bolognaise	celery, gluten,(wheat), melk, eggs 652 kcal 2,734 kJ *Celery, Gluten, (wheat)(rye), Milk, Egg, Soja*				
Pasta sauce other	Penne with carbonara sauce 348 kcal 1455 kJ *Gluten (wheat), celery, milk*				
Pasta sauce vegetarian	Penne Arrabiata (tomato - chili) VEGAN 358 kcal 1496 kJ *Celery, Gluten, (wheat), Soja*				

VEGAN All our soups are vegan

A vegetarian/vegan alternative is offered every day VEGGIE